

Keystone Nursing Care Center

Monthly Newsletter

October 2017

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From the desk of the Administrator

Resident's Rights:

Money and Property:

Each resident has the right to manage personal finances, or if he or she so chooses, to designate another party to manage them for him or her. We ask that all resident bring limited funds into the care center as we have many other residents, visitors, and staff. Funds are not usually needed in the care center as the care center pays for most outings and the beauticians will take payment via a billing method. Funds can also be deposited into a resident trust account, which we strongly encourage.

We also have the option to have payments made through an ACH system, rather than having to mail/write out checks. Please contact Teresa Selken if you are interested in this option.

If you have any questions regarding this resident's right, please contact Tracy Hanson, Administrator at the Care Center. 319-442-3234.

The Keystone elementary students will be coming up for a parade of costumes Friday October 27th at 10:50am. If you would like to bring in candy for your loved ones to share, please do so. You can leave it with the nurses station marked with their names. The care center will also provide candy to be handed out by the residents. We also invite any resident families to join us for this fun time as well. Bags will be provided!



October Coat Drive:

We will be having a coat drive throughout the month of October for children in the community in need. Coats, hats, gloves, snow boots, etc.

Please drop off new or gently used items in the box provided at the care center. If you have any questions call Cindy, Social Worker at the care center.



Recipes Needed!!!

Please help us gather recipes for a Keystone Nursing Care Center cookbook. We have been in the process of collecting these and could use more. We are looking for around 100 more to complete our book. If you would like to send us your own or ones of your family member, please submit them by November 1st, 2017. Send them to Attn: Cookbooks via mail, Facebook or email (cbehrens@keystonecare.org or





CONRATULATIONS!!!

Keystone Senior Suites received a deficiency-free survey last month! This is the 8th year in a row that we have accomplished this. Please help us congratulate our wonderful dedicated staff for making this possible. We appreciate all of their hard work and efforts in taking care of our residents and making this their homes!

Welcome!!

Lindsay Niebes, RN, joined the Keystone Care Center as the Director of Nursing on September 18th. Lindsay lives in Blainstown with her husband, Jake, her 2 children, Jack and Hallie and her dog Cooper. Lindsay grew up in Marengo, Iowa, and began her career in long term care at the age of 15 when she became a certified nursing assistant. Lindsay has worked in long term care for 21 years and has been a director of nursing for the last 9 years. Lindsay worked for the Keystone Care Center from 2007-2009 as the Careplan Coordinator and is excited to be back with the Keystone Care Center team. We are happy to welcome Lindsay back! Please help us welcome her when visiting the facility.

Reminder:

We can now do ACH for payment of your monthly bill! Contact Teresa Selken for information or see her in the business office. There are no extra fees for this service and minimal paperwork!



Thank you to the Benton Community Keystone Elementary students for visiting with our residents! They will be joining us once a month to read stories. We appreciate that they will be spending time with us and look forward to seeing them each time!!



Activity Announcements



Tailgate Season is here!! We enjoyed a grill out lunch to help kick off the football season. It was a beautiful day with lots of sunshine and fun!!



Lunch at the Ox Yoke Inn! Another fun outing with the residents!!





Keystone Nursing Care Center
250 5th Street
Keystone, IA 52249

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RETURN SERVICE REQUESTED

UPCOMING EVENTS AND ACTIVITIES

- ◆ Thursday October 5th— Alzheimer's Walk with the Keystone Elementary students. Leaving the care center at 2:15pm. Everyone welcome to join us!
- ◆ Friday October 25th—Halloween parade with Keystone Elementary. Starts at 10:50am. All are welcome!
- ◆ **Save the date!** Chili / Salsa cook off for Alzheimer's. Saturday November 11th at the Keystone Turner Hall. Starts at 11am. Sign up with the Care Center !
- ◆ **Save the date!** Thanksgiving meal for families. Tuesday November 14th. More details to come. Please join us and be sure to RSVP!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.