

Keystone Nursing Care Center

Monthly Newsletter

February 2016

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From the desk of the Administrator

Resident's Rights:

Each Resident has the right to retain and use personal possessions, including some furnishings, and appropriate clothing, as space permits, unless to do so would infringe upon the rights or health and safety of other residents.

We encourage upon admission for every resident to bring items from home to decorate their room. This creates a more home like atmosphere. We ask that the path to exit the room and use the restroom are not blocked, there are no extension cords, nothing is placed within 18 inches of the ceiling, and no throw rugs are brought in. If you need assistance for hanging pictures on the wall let out staff know. If you need assistance with the setup of the room we can help.

Some families have a winter and a summer wardrobe and they rotate them with the seasons. Most families will store one wardrobe at home. This helps with storage and space. Please make sure that everything is labeled with the resident's name. Items can be labeled with a black marker or with labels the laundry and housekeeping are able to iron on.

In double rooms attempt to make sure that your items are not infringing upon the space of the opposite side of the room.

If you have any questions about anything please contact Tracy Hanson RN BSN Administrator at 319-442-3234, or in person at the care center.



HAPPY GROUNDHOG DAY

Turn your face to the sun and the shadows fall behind you. --Maori Proverb UCI

Soup Dinner

Please join us on Thursday February 4th from 5-7pm for our annual soup dinner. We encourage families to attend and ask that you RSVP so that we make sure we have seating for all.

We will be serving vegetable beef, chicken noodle and chili. The KeyLadies will be providing their delicious desserts for us as well.





Thanks to Jeanette & Delbert Selk for decorating our bulletin board for the season!!

Keystone Home Health News:

Our Home Health office is now able to accept VA benefits for services provided. We also accept Medicaid and Medicare. If you are in need of services or know someone that would benefit from this, please refer them to our office at 319-442-3650.

The Home Health office is also looking for aids to help with cares of those in need. Please contact Laura at the number listed above or stop in to fill out an application.

Help Wanted:

The care center is looking to hire C.N.A.'s for second shift. If interested please contact Abbey Whalen DON for information or stop in to fill out an application. Please pass the word!!



Another thanks to Jeanette Selk and Helen Wiley for making our festive table decorations!! Great Job Ladies!!!



Activity Announcements



Happy Valentines Day!!

Join us for Wine & Cheese:

Friday February 12th we will have social hour starting at 2:30pm and will be serving adult beverages and delicious snacks. Eldred Gerhold will be playing for us starting at 3pm. Everyone is welcome to come and join us!!



Thank you to the Sweet Bell Peppers for entertaining the residents this past month!!



*Hello
February.*

Be prepared for weather changes. The parking lots and roads up to the care center can become very slick. Take extra caution when walking in the parking lot.



UPCOMING EVENTS AND ACTIVITIES

- ◆ Soup dinner Thursday February 4 from 5-7pm. Families invited—RSVP by Tuesday February 2nd.
- ◆ Every Wednesday is Pastry Day from 7am—9am. Come enjoy home made pastries and conversation with our residents!
- ◆ Valentine's Day social hour! Friday February 12th starting at 2:30pm. All are welcome!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at www.keystonecarecenter.com

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.



 Find us on
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Meals on Wheels available 7 days a week
for lunch. Call us to set up delivery