

# Keystone Nursing Care Center

## Monthly Newsletter

February 2019

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### From the desk of the Administrator

#### Resident's Rights:

Each Resident has the right to retain and use personal possessions; including some furnishings, and appropriate clothing, as space permits, unless to do so would infringe upon the rights or health and safety of other residents.

We encourage upon admission for every resident to bring items from home to decorate their room. This creates a more home like atmosphere. We ask that the path to exit the room and use the restroom are not blocked, there are no extension cords, nothing is placed within 18 inches from the ceiling, and no throw rugs are brought in. If you need assistance for hanging pictures on the wall let our staff know. If you need assistance with the setup of the room we can help.

*Some families have a winter and a summer wardrobe and they rotate them with the seasons. Most families will store one wardrobe at home. This helps with storage and space. Please make sure that everything is labeled with the resident's name. Items can be labeled with a black marker or with labels the laundry and housekeeping are able to iron on.*

In double rooms attempt to make sure that your items are not infringing upon the space of the opposite side of the room.

If you have any questions about anything please contact Tracy Hanson RN BSN Administrator at 319-442-3234, or in person at the care center.



### HAPPY GROUNDHOG DAY

Turn your face to the sun and the shadows fall behind you. -Maori Proverb (JC)

### New Medicare Cards:

Please be sure to bring in a copy of the new medicare cards that were sent out this past year. These are the red, white and blue cards that used to contain your SSN but have now been changed to a series of numbers and letters. We will be unable to bill your Medicare without these new numbers. If you have any questions please contact Cindy Behrens BSW at the care center.

## Reminders:

**VOLUNTEERS:** PLEASE PICK UP YOUR HOLIDAY GIFT BY FEBRUARY 15TH. If any are left over we will be donating them out. Thank you!

**Resident Advocate Meeting Tuesday March 5th @ 9am.**

**Key Ladies Meeting Thursday March 7th @ 9am.** Anyone interesting in being part of our volunteer group please come and join us!!

## Help Wanted:

We are looking for 2 RN's for our Home Health office. If interested please apply on line or stop by to fill out an application. Any questions? Contact Tracy Hanson, Administrator or Abbey Whalen Clinical Supervisor at 319-442-3234.

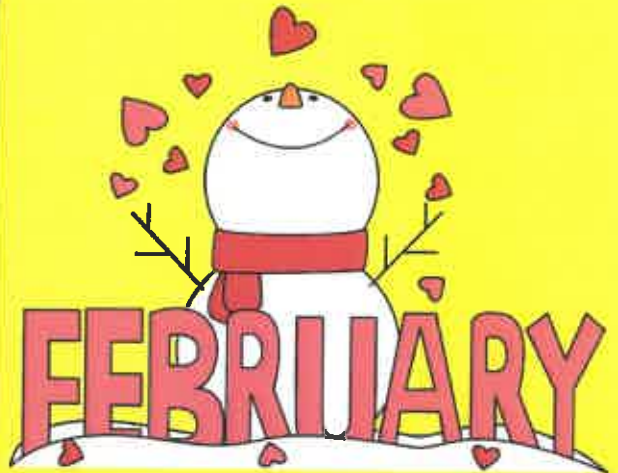
## Interested in becoming a C.N.A.?

We will starting up classes again in March. If you are interested or know of anyone else that may be interested, please contact Lindsay Niebes, DON to get signed up. We limit the class to 10 participants each session so please pass the word!



## Valentine's Day Social Hour

All are welcome to join us on Thursday February 14th at 2:30pm for our social hour. Please pass the word. We look forward to seeing you!!!



## Cold Weather Reminder:

Please do not leave your vehicle running and unattended while at the Care Center. Thank you!



## Activity Announcements



**Celebrating  
New Years Eve  
2018!**



*Hello  
February.*



**Be prepared for weather changes. The parking lots and roads up to the care center can become very slick. Take extra caution when walking in the parking lot.**





Keystone Nursing Care Center  
250 5th Street  
Keystone, IA 52249

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**RETURN SERVICE REQUESTED**

## *UPCOMING EVENTS AND ACTIVITIES*

- ◆ **Valentine's Day social hour! Thursday February 14th at 2:30pm. All are welcome!**
- ◆ **Reminder of Upcoming events (check back next month for specific dates): Resident Advocate Committee Meeting Tuesday March 5th @ 9am and Keys Ladies Meeting Thursday March 7th @ 9am; St. Patrick's Day Social Hour; Family Soup Dinner**
- ◆ **New C.N.A classes will start again in March. If interested please call Lindsay Niebes, DON to get signed up! Please pass the word to anyone you may know that is also interested.**

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.