

# Keystone Nursing Care Center

## Monthly Newsletter

August 2018

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### From the desk of the Administrator

#### Resident's Rights:

Each resident has the right to immediate access by any representative of the Secretary, United States Department of Health and Human Services; any official properly acting for the state; the resident's individual physician; the state long-term care ombudsman and (as appropriate) other state agencies entitled to visit with residents under federal or state law, members of the resident's immediate family or other relatives, and any entity or individual providing health, social, legal or other services to the resident, subject to the resident's right to deny or withdraw consent for such visits. Each resident has the right to receive others subject to reasonable restrictions and the resident's right to deny or withdraw consent for such visits.

If you have questions about this feel free to speak with Tracy Hanson RN BSN Administrator, or Cindy Behrens BSW Social Worker.

### KeyLadies Notice:

We will be having the September meeting on Thursday September 13th @ 9am. Any questions contact Cindy Behrens BSW. Please invite anyone that might be interested in joining our group!



### INTERESTED IN BECOMING A C.N.A.?



Keystone Nursing Care Center has now been approved by the state of Iowa to teach the course to become a Certified Nursing Assistant. We have set up a classroom and look to start our first classes soon.

If you are interested or know of anyone that is, or if you have any questions, please contact Lindsay Niebes DON at 319-442-3234.

We are always looking for new entertainment for our residents. If you know of anyone that would be interested please give us a call and have them contact Amy Sparks, Activity Director.



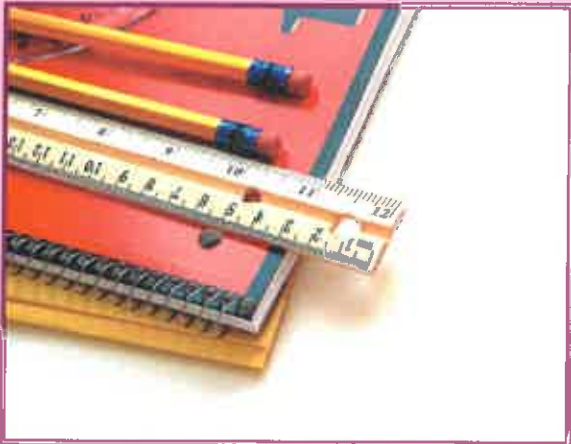
### Help Wanted—Home Health

We are looking for a Part-time Home Health Aide. Hours will vary each week and may include not



only day hours but nights and weekends as needed. If you are interested please contact Abbey Whalen, Clinical Supervisor in the Home Health office at 319-442-3650 or stop by the care center to pick up an application. You can also apply on our website at [keystonecarecenter.com](http://keystonecarecenter.com).

We will be having a school supply drive starting August 1st– 21st. Please bring any donations to the Care Center. We will have a box in the ambulance entrance. If you have any questions please contact Cindy or Amy at 319-442-3234.



As we are under construction, we understand that parking may be an issue at times for our visitors. If you choose to park in the grassy area north of the building please be advised that it is city property and although we are allowed to park there, they city will not be responsible for any damages that may occur. For example when they are mowing, etc. We thank everyone for your patience while we undergo our expansion.

### Volunteers Needed:

We are looking for anyone interested in joining our Key Ladies Volunteer group. Our Key Ladies help out with Bingo, social hours and other various activities through out the year. Our Volunteers are an important part in helping our residents enjoy their stay here at the care center. We appreciate all that they do and would love to have anyone interested join us. If you have questions or would like to sign up , please contact Cindy Behrens, Social Worker or Amy Sparks, Activity Director at 319-442-3234.

### Care Center Rocks!!

We have painted these pictured



rocks and placed them around the town of Keystone. If you find one, please take a picture and post it on our Facebook page. Then hide the rock for the next person to find!! Most are still in their original places so if you are in the mood to hunt, here's a hint: "Main Street" is the 7th most popular name for a street. Good Luck!!



### Kickball!!

We had a staff kickball game in June. The residents made the tie-dye team shirts! Fun was had by all and no one was hurt!!





# Activity Announcements



We celebrated National Hawaii Day and Pina Colada Day in June! Thanks to our Volunteers for their help!!

Thank you to September Sackett, Dietary Manager for bringing in her 8 puppies for the residents and staff to enjoy!!

Progress! We now have the footings for the new addition and new sidewalks for the courtyard area! Thanks Hamilton Construction! It is starting to take shape!!





Keystone Nursing Care Center  
250 5th Street  
Keystone, IA 52249

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**RETURN SERVICE REQUESTED**

## *UPCOMING EVENTS AND ACTIVITIES*

- School supply drive August 1st—21st. Please drop off your donations in the box in the ambulance entrance. Thank you for your support!!!
- Don't forget Pastry Day every Wednesday morning from 7-9am. Come enjoy coffee and pastries with our residents! All are welcome!
- Check inside on the activity calendar for all the upcoming music and events. Join us anytime!

If you know anyone that would like to receive our newsletter please call 319-442-3234 with name and address. You can also find it on line at [www.keystonecarecenter.com](http://www.keystonecarecenter.com)

Keystone Nursing Care Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Tracy Hanson, Administrator, Section 504 Coordinator, PH. 319-442-3234, TTY/State Relay PH. 800-735-2943.